# SIAD 2017 Menu

## Monday

### Breakfast
- Assortment of mini muffins
- Fruit platter
- Small assortment of individual yogurts
- Vegetarian and Chorizo frittatas
- Coffee & hot tea

### Lunch
- Southwestern Fajita Bar with shredded chicken, shredded beef, sautéed peppers, sautéed onions, fresh grated cheese, sour cream, salsa, jalapeño peppers, warm flour tortillas, refried beans, rice/peppers/tomatoes.
- Garden and Caesar Salad

### Afternoon Snack
- Double chocolate brownies, assortment of cookies, fruit & cheese platter, coffee & hot tea

## Tuesday

### Breakfast
- Assortment of mini quiches
- Fruit platters
- Small assortment of individual yogurts
- Coffee & hot tea

### Lunch
- Fresh Baked Potatoes served with bacon, cheese, onions, salsa, butter, sour cream, steamed broccoli and chili.
- Garden and Caesar Salad

### Afternoon Snack
- Double chocolate brownies, assortment of cookies, fruit platter, party mix, coffee & hot tea
**Wednesday**

*Breakfast*
- Assortment of croissant breakfast sandwiches
- Fruit platters
- Mini muffins
- Small assortment of individual yogurts
- Coffee & hot tea

*Lunch*

*Soup & Salad*
- **Chef Salad:** Chopped Maple Gazed Ham, Smoked Turkey, Swiss Cheese, Shredded Cheddar Cheese, Hard boiled Eggs, Shredded Carrots, Tomato, Cucumber, Fresh Mixed Greens
- **Spinach Salad:** Sliced Mushrooms, Red Onions, Mandarin Orange Segments, Hard Boiled Eggs, Fresh Baby Spinach
- **Black and Bleu Salad:** Thinly Sliced Roast Beef with Crumbled Bleu Cheese, Dried Cranberries, and Walnuts on a bed of fresh Baby Greens
- Vegetarian Soup

*Afternoon Snack*
- Double chocolate brownies, assortment of cookies, fruit & cheese platter, coffee & hot tea

**Thursday**

*Breakfast*
- Assortment of mini quiches
- Fruit platters
- Small assortment of individual yogurts
- Coffee & hot tea

*Lunch*

*Wraps, Salad, Kettle Chips*
- Choice among Italian Wrap, Chicken Caesar Wrap, and Mediterranean Veggie Wrap
- Garden and Caesar Salad & Homemade kettle chips

*Afternoon Snack*
- Double chocolate brownies, assortment of cookies, fruit platter, party mix, coffee & hot tea
**Friday**

**Breakfast**

- Assortment of breakfast burritos
- Fruit platters
- Small assortment of individual yogurts
- Mini muffins/scones
- Coffee & hot tea